# POSITIVE BEHAVIOUR SUPPORT

Focusing on your strengths, respecting your rights, and helping you increase independence and connection.

## WHAT IS POSITIVE BEHAVIOUR SUPPORT?

Positive Behaviour Support, or PBS, aims to help you improve your life, by exploring why behaviours happen, and finding better ways to meet your needs. PBS is based on evidence, and is part of the National Disability Insurance Scheme (NDIS).

We partner with you, your family, and your support team to understand what matters most to you. Together, we design ('co-design') a plan that may include learning new skills, making changes to your environment or providing guidance to you and your support team.

Our goal is to reduce restrictive practices and promote choice, dignity and meaningful participation in the community, at school, at work, and at home.

## WHO WE SUPPORT

We work with people of all ages, from young children through to older adults. We can support people with:

- Autism Spectrum Disorder (ASD)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Psychosocial Disability
- Intellectual Disability
- Acquired Brain Injury (ABI)
- Dementia.

## OUR LOCATIONS

We support clients across Adelaide, up to the Barossa and down to Victor Harbor, providing services in homes, schools, workplaces, community settings, and via telehealth.

**Ready to co-design your path to greater autonomy and quality of life?**

Phone: 1800 ELCIES (1800 352 437)
Email:elcies@lutherancare.org.au

**Find out more:**
elcies.org.au

# ABOUT ELCIES

Live your possibilities with Elcies! Elcies is your local disability service provider in South Australia. We are proudly part of Lutheran Care, which has been serving South Australians since 1969.

Elcies' multidisciplinary practitioners have qualifications in Psychology, Social Work, Counselling, and Developmental Education. Every practitioner is NDIS-registered, and some are also registered psychologists, social workers, and developmental educators, who can provide therapeutic supports under NDIS Improved Daily Living.

> *"I definitely feel really supported through Elcies. I feel like you guys are part of the team, like we're not on 'opposite sides of the fence' - which I think is really important."*
>
> — Parent of an 18-year-old participant

## POSITIVE BEHAVIOUR SUPPORT AND NDIS FUNDING

Positive Behaviour Support (PBS) is funded through the National Disability Insurance Scheme (NDIS) under:

- Capacity Building – Improved Relationships
- Capacity Building – Improved Daily Living

Travel fees may apply.

**Elcies is a service business of Lutheran Community Care Incorporated (Lutheran Care), a registered NDIS Provider. We deliver PBS in line with the NDIS Practice Standards. Our services have been audited by an approved certification body as part of the NDIS registration process.**

## OUR APPROACH TO PBS

### Co-Designed Discovery

- You, your family and support team explore hopes, strengths and life patterns and we listen deeply to this lived experience.

### Holistic Assessment

- We collect and analyse data and map environments, triggers, skills and supports —looking beyond behaviour to its function.

### Trauma-Informed Practice

- We recognise how past experiences shape behaviour and prioritise safety, empowerment and healing.

### Neurodiversity Affirming

- We honour neurodiversity and tailor supports to your unique communication and sensory needs.

### Strengths-Based PBS Plans

- Together, we craft tailored strategies that build on goals and strengths, and focus on skills, environment, and connection.

### Empowering Implementation

- We provide ongoing coaching to help your team build skills and put strategies into action so your goals are achieved.

### Rights and Dignity First

- Human rights guide every decision. Our focus is on upholding your rights and autonomy at every step.

**Ready to co-design your path to greater autonomy and quality of life?**

Phone: 1800 ELCIES (1800 352 437)
Email:elcies@lutherancare.org.au

**Find out more:**

elcies.org.au